



Colonoscopy Split Prep Instructions (includes Colon w/EGD)

A Colonoscopy is a procedure that enables your physician to examine the lining of the colon (large bowel) for abnormalities by inserting a flexible tube with a camera on the tip into the anus and advancing slowly through the rectum and entire colon.

ONE WEEK BEFORE Your Procedure:

Those on Diabetic Meds:

- Discuss with your diabetes physician the clear liquid diet required and see if you need to adjust your insulin.
- If you are taking canagliflozin (Inovokana), dapagliflozin (Farxiga), or empagliflozin (Jardiance), **HOLD for 3 days prior to procedure.**
- If you are taking ertugliflozin (Steglatro), **HOLD for 4 days prior to procedure.**

Those on Blood Thinners:

- Warfarin (Coumadin), Heparin, Plavix, and Pradaxa, must be stopped 5 days prior to procedure. Eliquis, and Xarelto must be stopped 2 days prior. Lovenox must be stopped 24 hours prior. **Check with your prescribing physician that it is safe for you to do so.**

5 days prior: No nuts, seeds, popcorn, corn. No oral iron supplements.

Purchase the Bowel Prep from your Pharmacy:

- Provider-prescribed Bowel Prep Rx (optional flavoring with Crystal Light – no red or purple in color). *** see below**

The DAY BEFORE Your Procedure:

- Drink plenty of CLEAR liquids ONLY for the ENTIRE day. ALLOWED clear liquids are water, bouillon, broths, black coffee, Jello, popsicles, sports drinks and soft drinks.
- NO SOLID FOODS.
- Do NOT consume anything red or purple in color, anything with dairy, or alcoholic beverages.
- Mix Bowel Prep with water according to package directions and chill in refrigerator.
- Late afternoon, begin drinking bowel prep, 8 oz (8 oz = 1 cup) every 10-15 minutes, completing $\frac{3}{4}$ of the prep ($3/4 = 12$ cups) within 5 hours.*

The DAY OF your procedure:

- In the morning, continue drinking the last $\frac{1}{4}$ of bowel prep ($1/4 = 4$ cups) at least 4 hours before procedure. *** see below**
- STOP all clear liquids 3 hours before procedure.
- Take all routine blood pressure, heart, and seizure medications with a sip of water.
- A RESPONSIBLE ADULT (18 years or older) MUST accompany you and remain with you to DRIVE YOU HOME from your procedure due to sedation effects.

***If using Suprep, Clenpiq, Moviprep, or Sutab follow package directions for divided doses**



Your procedure is scheduled with Dr. _____

On _____ at _____

Please arrive one (1) hour prior to your procedure at _____

(2) hours prior if procedure is at Hospital _____

When you arrive for your procedure, you will be asked to show a government-issued driver's license, passport, or identification card. Your procedure will be **CANCELLED** if you do not have your ID with you.

REMINDER: You must **SELF-ISOLATE** and not travel between COVID testing and scheduled procedure if COVID testing is required.

Report to Emory Clinic Endoscopy Center located at:

_____ 1365 Clifton Road, Building B, 1st floor, Atlanta, GA 30322

_____ 4555 North Shallowford Road, Dunwoody, GA 30338

_____ 2665 North Decatur Road, Suite 740, Decatur, GA 30033

_____ Emory University Hospital, 1364 Clifton Road, 3rd floor (AB elevators),
Atlanta, GA 30322

_____ Emory St. Joseph's Hospital, 5665 Peachtree Dunwoody Rd., 1st floor, Admissions desk,
Dunwoody, GA 30342

_____ Emory Johns Creek Hospital, 6325 Hospital Pkwy, 1st floor, Johns Creek, GA 30097

_____ Emory Decatur Hospital, 2701 N. Decatur Rd, ground floor, Decatur, GA 30033

_____ Spivey Station Surgery Center, 7813 Spivey Station Blvd, #100, Jonesboro, GA 30236

If you need to reschedule or cancel your appointment, please call at **least 2 business days** in advance to avoid a **\$100.00** charge.

Call 404-778-3184 with any schedule changes

(6/14/2022)