



FUQUA CENTER FOR
LATE-LIFE DEPRESSION

Symptoms of Depression

- ▶ No interest or pleasure in things you used to enjoy, including sex
- ▶ Feeling sad or numb
- ▶ Crying easily or for no reason
- ▶ Feeling slowed down
- ▶ Feeling anxious or worrying more than usual
- ▶ Feeling restless and irritable
- ▶ Feeling worthless or guilty
- ▶ Change in appetite
- ▶ Unintended change in weight
- ▶ Trouble recalling things, concentrating or making decisions
- ▶ Headaches, backaches or digestive problems
- ▶ Problems sleeping, or wanting to sleep all of the time
- ▶ Feeling tired all of the time
- ▶ Thoughts about death or suicide

EMORY HEALTHCARE