



# EHC Employees – Attend a FREE Heart-Health Screening

FREE employee Heart-Health Fairs include:

- FREE blood pressure screenings
- FREE body mass index (BMI) and body weight measurements
- FREE cholesterol, glucose and triglyceride screenings
- FREE information about good nutrition, fitness and overall wellness

Staff are welcome to attend the Heart-Health Fairs scheduled at any of the following locations.

For more information, call 404-686-7947 or 404-727-4328.

## Upcoming Fairs:

**Monday, February 22**

EUHM – Woodruff C

7:30 a.m.-3:30 p.m.

**Friday, February 26**

Budd Terrace – Eventide Room

7:30 a.m.-1 p.m.

**Wednesday, March 3**

EUH – Annex, Room 240

7:30 a.m.-3:30 p.m.

TAKE  ... There's HOPE!  
Step UP to Heart Health  
[www.stepup.emory.edu](http://www.stepup.emory.edu)



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HEALTHCARE

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