



## **WOUND CARE INSTRUCTIONS**

1. If a dressing is in place over your wound, do not remove the dressing for 48 hours.
2. Do not get the incisions wet. You may wash the rest of your face with a washcloth, but avoid the incisions.
3. Clean the incisions with hydrogen peroxide on a q-tip twice daily AFTER 48 hours.
4. Keep the incisions covered with antibiotic ointment (polysporin or bacitracin ophthalmic ointment) three (3) times daily.
5. Sleep with your head elevated to avoid excessive swelling in the morning.
6. Return to the office between days 5–7 to have sutures and/or bolsters removed.
7. If it looks like a grape- or golf ball–sized swelling is happening under the skin of the wound, please call the office immediately or go to the ER. This may indicate bleeding underneath the skin called a hematoma.
8. Do not hesitate to contact me, should the need arise. I can be reached through the Emory Healthcare system operator at 404-686-1000. Give them my name, Dr. Anita Sethna.