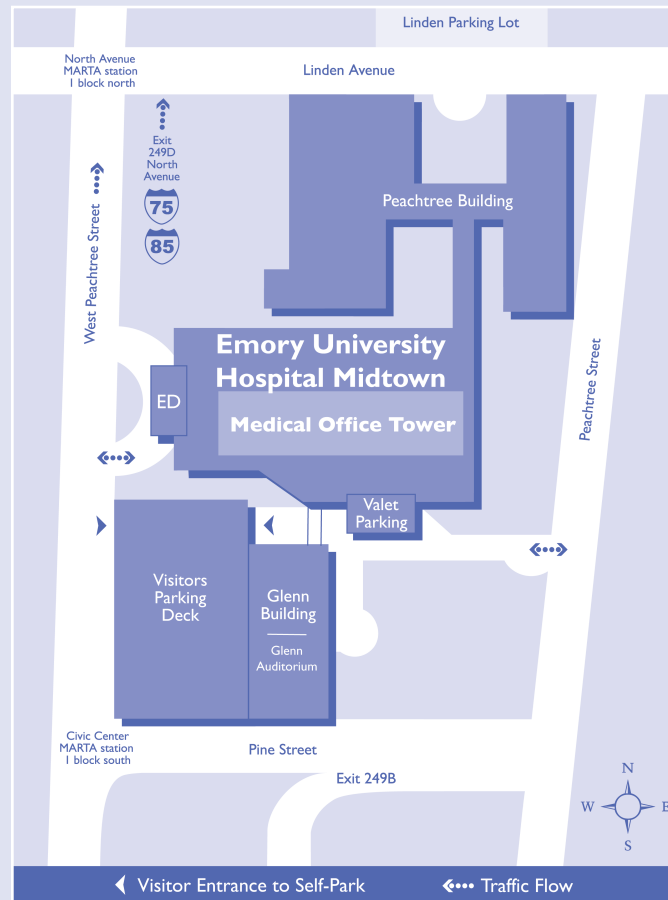


WHAT MAKES US SPECIAL

- Neonatologists available 24 hours a day
- Obstetrician in the hospital 24 hours a day
- Perinatologists available 24 hours a day
- Eleven labor and delivery rooms
- Anesthesiologist available 24 hours a day
- Labor/delivery nurse-to-patient ratio of 2:1
- Neonatal nurse practitioners available 24 hours a day
- Level III neonatal intensive care nursery
- Board-certified breastfeeding specialists
- 24-hour mother-baby couplet care with no routine separation of mothers and babies
- Unlimited visitation for father or support person; grandparent and sibling visitation also permitted
- Emory University Hospital Midtown is a component of EMORY HEALTHCARE

EMORY UNIVERSITY HOSPITAL MIDTOWN MATERNITY CENTER

For more than 100 years, Emory University Hospital Midtown has helped Atlantans create happy birth memories. Emory University Hospital Midtown features a comprehensive maternity center that combines all maternity services on one floor, including 11 labor and delivery rooms, 36 mother-baby suites and general- and special-care nurseries. Its design reflects Emory University Hospital Midtown's unique philosophy of developmentally supportive care, encouraging family involvement and ensuring optimal infant development.



Driving directions to Emory University Hospital Midtown

I-75/85 Southbound: Exit at North Avenue (249D); turn left onto North Avenue; turn right onto Peachtree Street; turn right at hospital and Medical Office Tower entrance. Valet and self-parking are available.

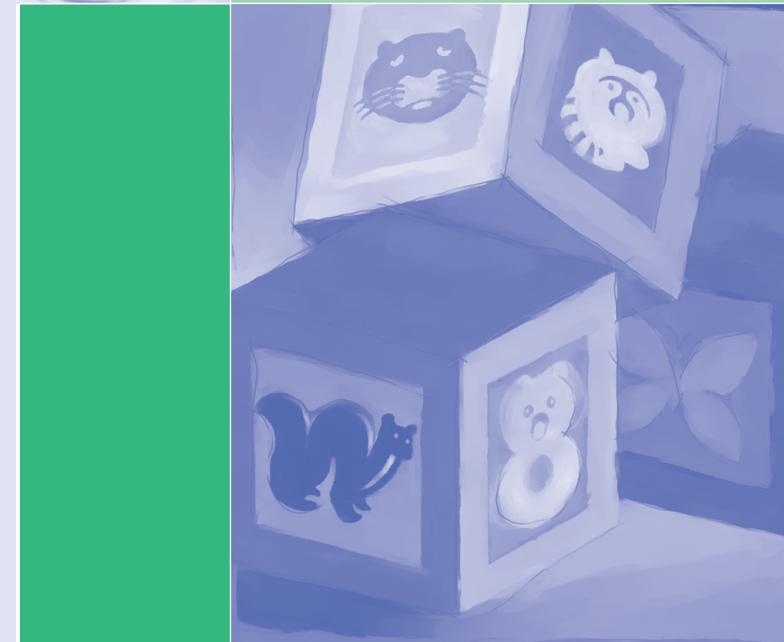
I-75/85 Northbound: Exit at Pine Street (249B); turn left onto Peachtree Street; turn left at hospital and Medical Office Tower entrance. Valet and self-parking are available.

Walking directions from the visitor parking deck to Emory University Hospital Midtown Maternity Center

Use the elevator banks located on the east side (Peachtree Street) of the parking deck. Cross the sky walk from deck level F to the second floor of the conservatory. Take the hospital elevators to the third floor.



Preparing for the Birth and Parenting Experience



Prenatal Education

EMORY HEALTHCARE
EMORY MATERNITY CENTER

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EMORY HEALTHCARE
EMORY MATERNITY CENTER

www.emoryhealthcare.org/maternitycenter
404-778-7777

EMORY HEALTHCARE
EMORY MATERNITY CENTER

Advancing the Possibilities®

Advancing the Possibilities®

Emory University Hospital Midtown has been delivering babies for more than 100 years! To help you prepare for your new baby, our trained staff has developed an extensive perinatal education program.

Our Prepared Childbirth series is most helpful two to three months before your due date. You and your support person are invited to attend any of our classes – regardless of your previous experience with pregnancy!

YES, I AM INTERESTED!

Call and register today! Call Emory HealthConnectionSM at **404-778-7777** to register for any of these classes.

Class size is limited and schedules may vary, so register as soon as you know you are pregnant. Then complete, detach and mail the attached payment form.

Here's what we offer!

HOSPITAL TOURS

Tours of our labor, delivery and recovery (LDR) unit, mother/baby unit and nursery provide new families the opportunity to see our facilities. Tours are offered at 6:30 p.m. and 7:30 p.m. on the first, second and third Thursday of each month, except on recognized legal holidays. Meet your guide in the Maternity Center waiting area.

There is no charge, and registration is not necessary.

PREPARED CHILDBIRTH

This series of classes is designed to provide you and your support person with the information and skills you need to approach the birth process with confidence and skill. Discussions include birthing options, current obstetrical practices and pain management strategies, as well as many breathing and relaxation techniques. A tour of our facilities is included.

Cost: \$100 per couple

VBAC PREPARATION – YOU CAN DO IT!

This class is designed for the mother and family who plan to have a vaginal birth after a cesarean (VBAC). This class addresses concerns of the VBAC mom and the process of writing a birth plan and provides the opportunity to meet other moms who are planning to have a VBAC.

No charge.

BREASTFEEDING YOUR NEWBORN

This two-part class provides answers to your questions about breastfeeding. Discussion and handouts provide you the information you need to have a positive breast-feeding experience. Taught by a certified lactation specialist.

Part I: Breastfeeding Your Newborn: focuses on getting started, the benefits of breastfeeding and proper positioning techniques.

Cost: \$25 per couple

Part II: Breastfeeding Your Growing Baby: addresses issues regarding returning to work, pumping and storing your milk, and taking care of yourself as you breastfeed your growing baby.

Cost: \$15 per couple

NEWBORN CARE AND BEHAVIOR

This is a two-and-a-half-hour class designed to answer your questions about the early days and weeks of life with your newborn. Discussion, demonstrations and videos will help you learn what to expect and how to care for and enjoy your baby!

Cost: \$20 per couple

MY TIME CPR

This two hour class covers infant CPR with a doll that the participants can take with them. The class is taught by an American Heart Association-certified instructor. Babysitters and other family members are welcome to take this class. This class is appropriate before and after delivery. Payment must be made prior to class in order for you to participate.

Cost: \$50.00 per couple; \$40.00 per person

MY TIME: JUST FOR BROTHERS AND SISTERS

Boys and girls between the ages of three and eight have an opportunity to learn about their new baby brothers or sisters. Group discussion, sharing, videos and art activities make this class fun for the soon-to-be big brother or sister. A tour of the maternity area from a child's point of view is also included.

Cost: \$10 per child

YOUNG AND PREGNANT

If you are a teenager who is going to have a baby, then you are invited to attend classes designed especially for you. The classes cover what you need to know to get ready for labor and the birth of your baby, as well as baby care. The classes are casual and fun, with other soon-to-be teen moms as your classmates.

Cost: \$100 per couple

REGISTRATION

HOW TO REGISTER:

For more information or to register for a class or classes, call Emory HealthConnectionSM at **404-778-7777** Monday through Friday, 7 a.m. to 7 p.m.

PAYMENT: Check or money order. Complete the form below and mail it with a check or money order made payable to Emory University Hospital Midtown to:

Emory University Hospital Midtown, Perinatal Education
550 Peachtree Street, NE
Atlanta, Georgia 30308

We do not file insurance claims. *All payments must be made 10-14 days prior to class attendance. Please bring your receipt to class for proof of payment.*

Name _____

Address _____

Telephone _____ (h) _____ (w)

Due Date _____

E-mail _____

I have registered for classes with Emory HealthConnectionSM.
Please apply the enclosed payment for the following:

- | CLASS | DATE | COST |
|---|-------|---|
| <input type="checkbox"/> *Prepared Childbirth | _____ | \$100 per couple |
| <input type="checkbox"/> *Young and Pregnant | _____ | \$100 per couple |
| <input type="checkbox"/> Breastfeeding | _____ | Part I: \$25 per couple
Part II: \$15 per couple |
| <input type="checkbox"/> Newborn Care and Behavior | _____ | \$20 per couple |
| <input type="checkbox"/> My Time CPR | _____ | \$50 per couple
\$40 per person |
| <input type="checkbox"/> My Time: Just for Brothers and Sisters | _____ | \$10 per child |

Payment amount enclosed: \$ _____
(Make checks or money orders payable to Emory University Hospital Midtown.)

Thank you for choosing Emory University Hospital Midtown. We look forward to helping you and your family prepare for your baby! Please let us know how we can be of further assistance.

***Medicaid will pay for the classes titled Prepared Childbirth, Young and Pregnant, and Breastfeeding I & II.** If you have Medicaid insurance, **do not send payment.** Bring your Medicaid card to the first class. Please note that you are still required to preregister.