

Ambulatory Surgical Center

550 Peachtree Street NE
Medical Office Tower 7th Floor

Patient Name: _____

Appointment Date: _____

Procedure Time: _____ Arrival Time: _____

Physicians:

Dr. Patricia Baumann

Office: 404-686-7414
404-686-7540

Dr. Colette Curtis

Office: 404-686-7414
404-686-7540

Dr. Anne Marie McKenzie-Brown

Office: 404-686-7414
404-686-7540

Dr. Boris Spektor

Office: 404-686-7414
404-686-7540

Thank you for choosing Emory Healthcare for your procedure. We value your time and want to ensure that you are well prepared for your upcoming visit with us. Our mission is to offer you the highest quality patient care and service that is compassionate, efficient, and effective. Please carefully read the enclosed instructions, in preparation for your procedure.

If you are interested in knowing your out of pocket expenses please contact our Patient Services Specialist at 404-686-1836.

You will find:

- Your detailed timeline with what to do for:
 - 7 to 10 Days prior to your procedure
 - 5 days prior to your procedure for cervical (neck)
 - 1 day prior to your procedure for lumbar (lower back)
 - The day of your procedure
- For your convenience, we have also included a map with directions.

Again, thank you for choosing Emory Healthcare. We are committed to you and your health. We look forward to seeing you soon.

PREPARATION AND INSTRUCTIONS FOR YOUR PROCEDURE

It is important that you follow these instructions. Please read these instructions well in advance.

✓ Transportation Reminder



You may be sedated during your procedure, which will linger afterward. We care that you arrive safely back home. **Please arrange for a responsible driver to take you home the day of your procedure.**

Please check with your Primary Care Physician prior to any discontinuation of medications 7 to 10 Days Prior

- Discontinue anti-platelet agents, such as Plavix, Ticlid, and Aggrenox seven to ten days prior to your procedure.
- Discontinue Aspirin, Goody's, Excedrin, B.C. Powder, Ecotrin seven to ten days prior to your procedure.
- Arrange for a driver to take you home the day of your procedure
- Please notify the Physician Offices if you have had any recent fevers or infections.

5 to 7 Days Prior

- Discontinue Coumadin five to seven days prior to your procedure.
- **For cervical procedures (neck)** - Discontinue all anti-inflammatory medicines, such as Motrin, Ibuprofen, Naprosyn, Diclofenac, Aleve, Feldene, Mobic, Daypro, Relafen, Indocin, etc.
- Celebrex may be taken until the day prior to the procedure.

1 Day Prior

- **For lumbar procedures (lower back)** - Discontinue all anti-inflammatory medicine, such as Motrin, Ibuprofen, Naprosyn, Diclofenac, Aleve, Feldene, Mobic, Daypro, Relafen, Indocin, etc.
- Celebrex may be taken until the day prior to the procedure.
- Discontinue Enoxaparin (Lovenox) 24 hours prior to the procedure
- If you recently discontinued Warfarin (Coumadin) over the past 7 days please get your PT/INR checked the day prior to having the procedure.

Day of the Procedure

- Do not eat solid foods for **6** hours prior to your procedure.
- You may have a clear liquid diet up to 3 hours prior to the procedure.
- You may take your **Heart and Blood Pressure Medication**.
- You **MUST** have an **adult driver** (18 yrs. or older) with you, who will take you home and accept responsibility for you. **You will NOT be allowed to leave for home alone. If you don't have a responsible adult with you to escort you home, your procedure may be cancelled.**

NOTE: It is best if they can remain in the facility. If they can't, they will need to
Provide a number where they can be reached.

- Leave all valuables and jewelry at home.
- Wear loose and comfortable clothing.
- Bring a picture ID.
- Please be aware that you will have an IV started prior to your procedure.

Clear Liquid Choices (Up to 3 Hours Prior to Procedure):

Water

Clear fruit juices (apple or white grape, no pulp)

Gatorade (orange and lemon-lime)

Soft drinks

Popsicles

Tea or coffee (no milk)

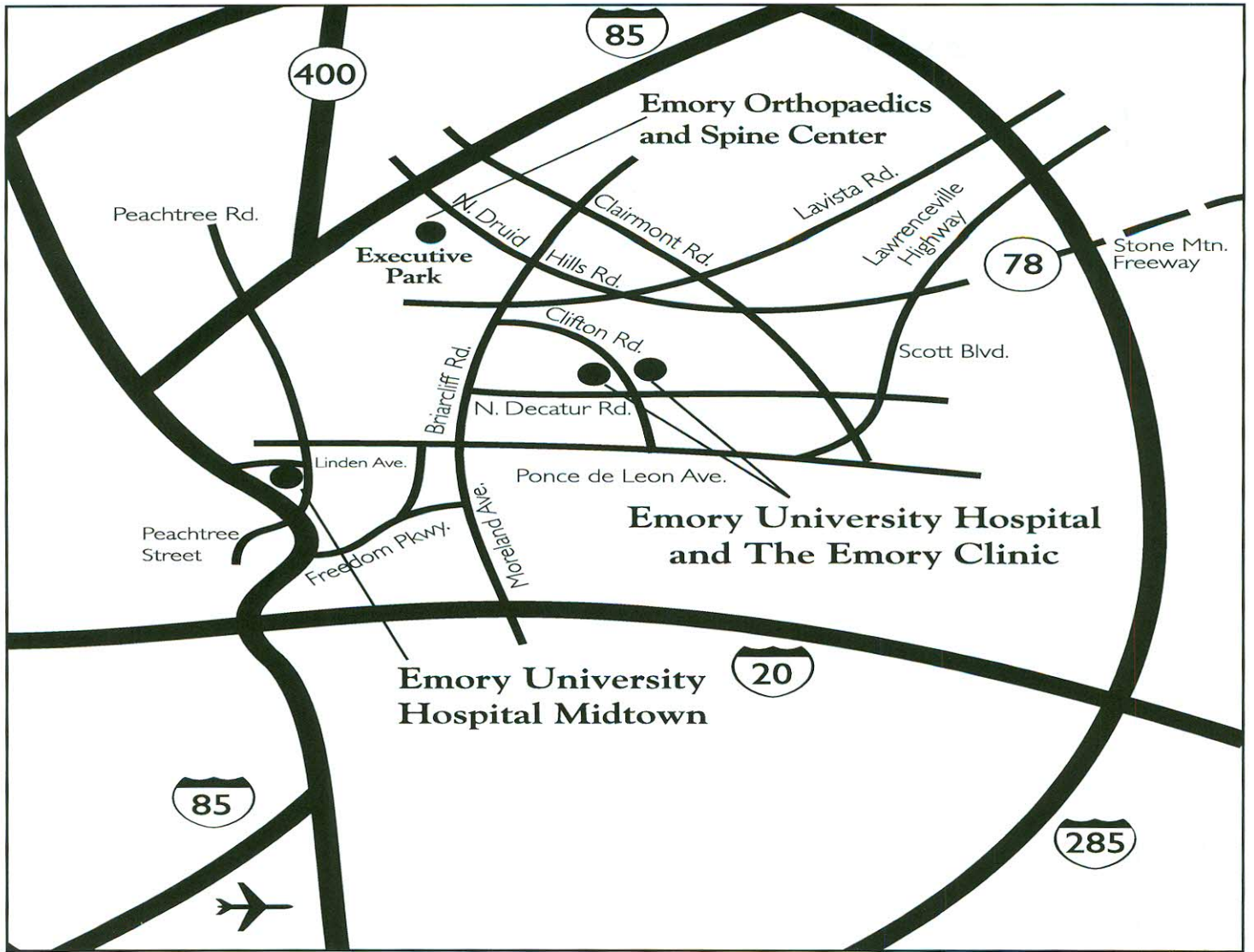
Clear soup or broth, boullion

Check In Process:

- Please check in at the Admissions Desk on the 7th floor of the building.
- Please be prompt as we have reserved this time especially for you.

Departure Process:

- Your driver should be available in the Center for Pain Management Suite to review and sign your discharge papers. Instructions will be given to you when you leave as to rest, medications, and follow up visits.



DIRECTIONS:

Call: 404-778-3497

ASC Center for Pain Management
550 Peachtree Street NE
Medical Office Tower 7th Floor
Atlanta, GA 30308