



Emory Radiology Preparation Instructions

These are preparation instructions are for adult patients (18+). For pediatric patients under the age of 17 please call: 404-785-6078.

For additional patient information on radiology exams and procedures please visit www.emoryhealthcare.org/radiology.

For directions to Emory Radiology sites, please call 404-778-7777 or visit online at: www.emoryhealthcare.org/radiology/locations/

Nuclear Medicine and PET/CT Imaging

Thyroid Scan:

Avoid vitamin supplements and foods containing Iodine (seafood, dairy products, and bread), at least 3 days prior to test. Must be off all thyroid medication for 4 weeks prior to test. No IV contrast CT or other radiology exam for 8 weeks prior to test. This is a 2 day test.

Bone Scan:

You should drink lots of fluids on the day of the scan. There will be a 2 and ½ hour wait between the dose injection and imaging. Other radiology exams which use Barium (meals, swallows, or enemas) will cause interference with the Bone Scan. Please contact radiology, if you've had Barium in the past 4 weeks.

Gastric Empty:

Water Only for at least 4 hours prior to the study.

PET Oncology:

You may have water only for at least 6 hours prior to the study. Medications, not containing sugar, may be taken with water. Refrain from any strenuous physical activity for 24 hours before the procedure. Please dress warmly. We will call 1-2 days before your procedure to provide instructions. You may call us at 404-712-4453.

PET Cardiac:

You may have water only after midnight. No beta or calcium channel blockers for 24 hours prior to exam. No caffeine (coffee, tea, sodas, or chocolate) for 24 hours prior to exam. We will call 1-2 days before your procedure to provide instructions. You may call us at 404-712-4453.

PET General:

Morning appointments – NPO after midnight, clear water only.

Afternoon appointments – NPO after 6 AM, clear water only.

Any medications okay except – hypoglycemic & insulin. Patients with insulin pumps must turn off 6 hours prior to appointment.

NO: Cough drops, Cough suppressants, and Gum.