A Colonoscopy is a procedure that enables your physician to examine the lining of the colon (large bowel) for abnormalities by inserting a flexible tube with a camera on the tip into the anus and advancing slowly through the rectum and entire colon.

**ONE WEEK BEFORE Your Procedure:**

**Those on Diabetic Meds:**
- Discuss with your diabetes physician the clear liquid diet required and see if you need to adjust your insulin.
- If you are taking canagliflozin (Inovokana), dapagliflozin (Farxiga), or empagliflozin (Jardiance), **HOLD for 3 days prior to procedure.**
- If you are taking ertuglifloxin (Steglatro), **HOLD for 4 days prior to procedure.**

**Those on Blood Thinners:**
- Warfarin (Coumadin), Heparin, Plavix, and Pradaxa, must be stopped 5 days prior to procedure. Eliquis, and Xarelto must be stopped 2 days prior. Lovenox must be stopped 24 hours prior. **Check with your prescribing physician that it is safe for you to do so.**

5 days prior: No nuts, seeds, popcorn, corn. No oral iron supplements.

**Purchase the Bowel Prep from your Pharmacy:**
- Provider-prescribed Bowel Prep Rx (optional flavoring with Crystal Light – no red or purple in color). **see below**

**The DAY BEFORE Your Procedure:**
- Drink plenty of CLEAR liquids ONLY for the ENTIRE day. ALLOWED clear liquids are water, bouillon, broths, black coffee, Jello, popsicles, sports drinks and soft drinks.
- NO SOLID FOODS.
- Do NOT consume anything **red or purple** in color, anything with dairy, or alcoholic beverages.
- Mix Bowel Prep with water according to package directions and chill in refrigerator.
- Late afternoon, begin drinking bowel prep, 8 oz (8 oz = 1 cup) every 10-15 minutes, completing ¾ of the prep (3/4 = 12 cups) within 5 hours.*

**The DAY OF your procedure:**
- In the morning, continue drinking the last ¼ of bowel prep (1/4 = 4 cups) at least 4 hours before procedure. **see below**
- STOP all clear liquids 3 hours before procedure.
- Take all routine blood pressure, heart, and seizure medications with a sip of water.
- A RESPONSIBLE ADULT (18 years or older) MUST accompany you and remain with you to DRIVE YOU HOME from your procedure due to sedation effects.

*If using Suprep, Clenpiq, Moviprep, or Sutab follow package directions for divided doses
Your procedure is scheduled with Dr._________________________________________

On _________________________ at ________________________________________

Please arrive one (1) hour prior to your procedure at ____________________________

(2) hours prior if procedure is at Hospital___________________________

When you arrive for your procedure, you will be asked to show a government-issued driver’s license, passport, or identification card. Your procedure will be CANCELLED if you do not have your ID with you.

**REMINDER:** You must **SELF-ISOLATE** and not travel between COVID testing and scheduled procedure if COVID testing is required.

Report to Emory Clinic Endoscopy Center located at:

1. 1365 Clifton Road, Building B, 1st floor, Atlanta, GA 30322
2. 4555 North Shallowford Road, Dunwoody, GA 30338
3. 2665 North Decatur Road, Suite 740, Decatur, GA 30033
4. Emory University Hospital, 1364 Clifton Road, 3rd floor (AB elevators),
   Atlanta, GA 30322
5. Emory St. Joseph’s Hospital, 5665 Peachtree Dunwoody Rd., 1st floor, Admissions desk,
   Dunwoody, GA 30342
6. Emory Johns Creek Hospital, 6325 Hospital Pkwy, 1st floor, Johns Creek, GA 30097
7. Emory Decatur Hospital, 2701 N. Decatur Rd, ground floor, Decatur, GA 30033
8. Spivey Station Surgery Center, 7813 Spivey Station Blvd, #100, Jonesboro, GA 30236

If you need to reschedule or cancel your appointment, please call at least **2 business days** in advance to avoid a **$100.00** charge.

Call 404-778-3184 with any schedule changes

(6/14/2022)