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10 Years of Healing and Growth

For the past decade, the Emory Healthcare Veterans Program has been a lifeline for veterans and service members battling post-traumatic stress and related conditions.

As we celebrate our first 10 years of transformative impact, we honor the resilience of those we serve and the hope we provide to veterans like Benzamar, whose journey of healing inspires
us all.

A Navy Veteran's Journey from Darkness to Light



Benzamar, a Navy veteran, was in a dark place after she transitioned out of the Navy and back to civilian life. She recalls sitting in a park with a gun in her lap, wondering if she had the strength to keep breathing.

Benzamar's niece, also a veteran, graduated from our accelerated treatment program and experienced significantly positive changes. Benzamar saw this as a sign of hope and quickly signed up for our two-week program.

Since graduating from the program, Benzamar spends more time with her children and is intentional in her interactions with them. She acknowledges that her struggles caused them trauma, and she gives them space to heal. Now, they are all moving forward as a family.

Reflecting on the days before the program, when even breathing felt like an overwhelming task, she says,

"I was stressed my whole life and didn't know it. The Emory Healthcare Veterans Program gave me the tools to lift the weight of the world off my shoulders and find joy in life for the first time."

Benzamar's story is one of the countless lives transformed through the Emory Healthcare Veterans Program. Watch her share her story at the Bob Woodruff Foundation's "Stand Up for Heroes" event.

Watch Now

Join the Celebration!

Your support transforms lives. Together, we can continue providing life-changing care at no cost to post-9/11 veterans and service members, conduct groundbreaking research, and train the next generation of providers. Join us in celebrating this milestone and help us shape the future of veteran care.

Here's to many more years of healing and growth!

How you can help continue our mission:

Transform Lives

Your donation today makes healing possible for post-9/11 veterans and service members in need.

Give Here

Share Hope with Others

Spread the word about our mission and inspire others to join us.

Share Our Story

Celebrate with Us

Mark your calendar for November 13, 2025, and celebrate a decade of healing and growth with us!

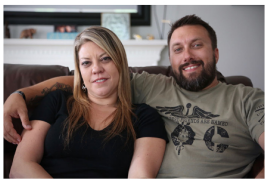
Save the Date

Get Help

If you or someone you know is struggling, take the first step toward healing. Call 888-823-4014 to speak with a veteran care coordinator or fill out this private form and we will contact you

Get Help Today

Keep an eye out for these monthly emails, highlighting a new veteran or service member in each edition.



Read Our Impact Report

We heal our nation's heroes. Read more about the life-changing impact of the Emory Healthcare Veterans Program in our Impact Report.

Download Now

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