EMORY HEALTHCARE
Veterans Program

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Anniversary Series: Celebrating a Decade of Healing & Growth



"Through Emory Healthcare Veterans Program, I started to understand how my behavior and emotions were tied to trauma. I realized post-traumatic stress was telling me to hide, and I didn't have to listen anymore." — Phyllis, Marine veteran and accelerated treatment graduate.

Transform Lives Today



Your support will power the next decade of life-changing care. Together we can transform more lives and honor the heroes who have served.

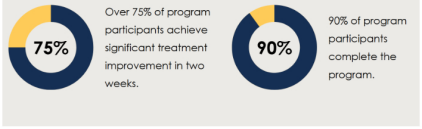
Give Here

We Help Veterans Envision a New Future

Post-Traumatic Stress Awareness Month is an opportunity to recognize the challenges many veterans and service members face long after their service ends. Post-traumatic stress can make a person's world feel small, isolated, and overwhelming, but the right care can expand their world again.

We want our nation's heroes to know that healing is possible.

Our accelerated treatment program offers a safe, supportive space where veterans and service members can reconnect with themselves, their loved ones, and the futures they deserve. And it works. **More than 75% of our program graduates achieve clinically significant improvements** in their symptoms of depression or post-traumatic stress and **over 90% complete the program,** which is nearly double the rate of traditional care.



Just like Phyllis, our featured veteran this month, our program participants find that the life they envision, one full of confidence, purpose, and connection, is within reach.

Stepping Out of the Shadows: Phyllis' Story



A Long Road to Healing
Phyllis, a Marine veteran, spent years battling the weight of post-traumatic stress. She tried therapy again and again, only to feel stuck and overlooked. But when a trusted friend shared their life-changing experience with our two-week accelerated treatment program, Phyllis found the courage to try once more.

A Personalized Path to Healing
After an initial assessment, Phyllis was accepted into the program and chose to move forward. Each day included individual therapy, skills-based group sessions, and wellness activities. The core of her care was daily one-on-one prolonged exposure therapy with her clinician. By the second week of treatment, Phyllis slept better, felt more hopeful, and began reclaiming the confidence she lost through years of struggling with post-traumatic stress.

A Life Transformed
She made so much progress during treatment that she found the confidence to attend a gala and wear a beautiful dress—something

she never thought she'd be able to do before coming to the Emory Healthcare Veterans Program. "I realized post-traumatic stress was telling me to hide," she said. "And I didn't have to listen anymore."

Read Phyllis' full story on page 5 of our Impact Report.

Read Now

Keep an eye out for these monthly emails, each featuring a new veteran or service member, and share their story to inspire others to join our mission.

If you are a post-9/11 veteran or service member affected by invisible wounds, take the first step toward healing today. Call 888-514-5435 to speak with a veteran care coordinator or fill out this confidential form and we will contact you.

Transform Lives Today



We heal our nation's heroes. Learn more about the transformed lives our patients enjoy in our Impact Report.

Read Now

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