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EMORY HEALTHCARE
Veterans Program

10 YEARS
2014 Healing & Growth 2025

Veterans Program | March 2025

In This Issue

- Celebrating 10 Years of Healing and Growth
- March is Social Work Appreciation Month
- Tackling PTS with Dr. Sheila Rauch
- Honoring Women's History Month
- Research Opportunity
- Join Our Team
- Transform Your Life
- Help Us Heal Invisible Wounds

Celebrating 10 Years of Healing and Growth

This year, we are proud to celebrate the 10th anniversary of the Emory Healthcare Veterans Program! For the past decade, we have been honored to fulfill our mission—transforming the lives of post-9/11 veterans and service members by helping them heal from invisible wounds, including post-traumatic stress, traumatic brain injury, military sexual trauma, anxiety, and depression—all at no cost to them or their families.

Over the past 10 years, we have empowered nearly 3,500 veterans and service members to rediscover hope and build brighter futures. While we take pride in the impact we've made, we are more inspired by the unwavering strength and resilience of the heroes we have had the privilege to serve.

To commemorate this milestone, we invite you to join us for a special celebration event on November 13, 2025. More details will be shared in upcoming newsletters this summer and early fall, but for now, click the button below to save the date to your calendar.

Save the Date

March is Social Work Appreciation Month



As we recognize social workers far and wide this month, we want to give a special round of applause to our incredible social work team!

Our team of six is small, but mighty! They are a highly specialized group with a deep understanding of military culture. Each team member holds the highest level of licensure: a Licensed Clinical Social Worker (LCSW). The team is passionate about healing invisible wounds and compassionately transforming the lives of our veterans and service members. The Emory Healthcare Veterans Program wouldn't be the success it is without them.

Did you know that all participants in our accelerated treatment program have a dedicated social worker on their care team? Watch the video below to learn more.

Watch Now

By The Numbers

(As of March 2025)

1,545 accelerated treatment program graduates
93.8% of participants graduate from the program
84,003 hours of evidence-based therapy provided at no cost



Tackling PTS with Dr. Sheila Rauch

Dr. Sheila Rauch, Deputy Director of the Emory Healthcare Veterans Program, joined The Warrior Alliance in a discussion about veterans, mental health, and our mission to heal invisible wounds.

Dr. Rauch shared insights on effective therapies, the importance of outreach, and how every American can support veterans. "Expanding our outreach is essential because the veterans and service members most at risk often lack access to mental health care or support networks, leaving them feeling isolated. This isolation is a significant risk factor for suicide, which is why it's important to share our message and make sure every veteran and service member knows that help is available, and treatment works."

Watch the full interview.

Watch Now

Honoring Women's History Month



Dr. Barbara Rothbaum: A Trailblazer

Dr. Barbara Rothbaum, Executive Director of the Emory Healthcare Veterans Program, has been honored by the Anxiety and Depression Association of America as one of the Women Trailblazers in Mental Health.

A pioneer in post-traumatic stress (PTS) research and treatment, Dr. Rothbaum has spent her career developing innovative, evidence-based therapies that have changed countless lives. Her groundbreaking work continues to drive progress in the field and serves as a powerful source of inspiration for future generations of mental health professionals.

Hear from Dr. Rothbaum in her interview with the Anxiety and Depression Association of America.

Watch Now

Dr. Sheila Rauch: Breaking New Ground

We also celebrate Dr. Sheila Rauch, Deputy Director of the Emory Healthcare Veterans Program, who has been recognized as a Rising Star by the Emory Alliance for Women in Medicine and Science.

With more than 25 years of experience in treating and researching PTS and anxiety disorders, Dr. Rauch is an international leader in trauma-informed care. In addition to her research leadership at the Emory Healthcare Veterans Program and the Department of Veterans Affairs, she plays a vital role in advancing clinical training programs across the Veterans Health Administration, Department of Defense, and civilian settings leading the Processing Emotions in Primary Care Training Program and a foundational member of the Prolonged Exposure Training Program team.

Learn more about Dr. Rauch's passion for innovating mental health care in her interview with the Emory Alliance for Women in Medicine and Science.

Read Now





Research Opportunity: MDMA Combined with Prolonged Exposure Therapy for PTS

We are conducting a groundbreaking research study to explore the potential of MDMA combined with prolonged exposure therapy, an evidence-based therapy for PTS, in treating PTS among post-9/11 veterans, active-duty military, National Guard, and reserve personnel.

This clinical trial aims to determine whether MDMA can enhance engagement and improve treatment outcomes for post-9/11 veterans and service members affected by PTS.

For more details or to see if you qualify, fill out the survey form.

Learn More

Join Our Team



We are excited to share that we have received funding for a postdoctoral fellow to be a part of a new study to evaluate the efficacy of MDMA combined with Massed Prolonged Exposure therapy for the treatment of PTS in military personnel. Interviews will be conducted and offers will be made on a rolling basis.

We are also accepting applications for the 2026 training year for the following post-doctoral positions:

- A one-year clinical fellowship, with the option to renew the appointment for an additional year
- A two-year clinical fellowship (with or without MDMA PE study involvement)
- A two-year dual-focused research and clinical fellowship

Visit our website for application instructions.

Apply Now



Transform Your Life with Evidence-Based Care

We treat invisible wounds, such as post-traumatic stress (PTS), traumatic brain injury (TBI), military sexual trauma (MST), anxiety, and depression with evidence-based treatment that works. **Treatment is confidential and, thanks to our generous donors, provided at no cost for eligible post-9/11 veterans and service members living anywhere in the United States, regardless of discharge status, deployment history, or length of service.** Our accelerated two-week treatment program is offered in-person at our clinic in Atlanta or via telehealth in eligible states.

When you're ready to transform your life, we're here to help. Call 888-823-4014 to speak with a veteran care coordinator today or fill out this confidential form and we will contact you within 24-48 hours.

Transform Your Life



Help Us Heal Invisible Wounds

Thanks to our donors' generous gifts, we have made incredible progress in serving the needs of our veterans and service members. Please help us continue to provide innovative, holistic care by donating to our program.

Your gift will help transform, and possibly save, the lives of our nation's heroes.

Heal Invisible Wounds

EMORY HEALTHCARE
Veterans Program

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