EMORY HEALTHCARE
Veterans Program

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9/11 at 25: From Remembrance to Action

Some moments divide history into a before and an after. September 11, 2001, was one of those moments.

On that terrible day, thousands of lives were lost, families were forever changed, and the world entered a new era. In the years that followed, a generation of men and women answered the call to serve. They left behind families, careers, and the certainty of ordinary life to defend something greater than themselves. Some never returned. Many came home carrying invisible wounds that would endure long after the fighting ended.

Twenty-five years later, their service continues to inspire us.

The Emory Healthcare Veterans Program exists because that service deserves an equally enduring commitment. Every day, we have the privilege of caring for veterans and service members living with post-traumatic stress, mild traumatic brain injury, military sexual trauma, anxiety, depression, and other invisible wounds of service. We witness extraordinary courage, not only on distant battlefields, but in the quiet decision to seek help, begin treatment, and reclaim hope for the future.

Over the past quarter century, remarkable advances in science and evidence-based care have transformed what is possible. Every breakthrough represents more than medical progress. It means another veteran reconnecting with family, another parent rediscovering purpose, another life reclaimed from the lasting effects of war.

As we commemorate 9/11, let us remember those we lost, honor those who answered the call, and turn our gratitude into action by advancing healing and ensuring that no veteran or service member faces these struggles alone.

Their service is part of our history. Our commitment to their healing must be part of our future.

With profound gratitude,

Burke Garrett
Lieutenant General, U.S. Army, Retired
Executive Advisor, Emory Healthcare Veterans Program



Make a Connection to Make a Difference

For veterans and service members living with invisible wounds, support can make a meaningful difference. This Suicide Prevention Month, we're reinforcing a simple message: no one has to face these battles alone.

This September, take the time to look out for your loved ones. Reach out to them. Connect with them. Try to notice any signs. Ask directly about what is going on with them. This can make all the difference.

Notice the signs
Symptoms of invisible wounds may not be easy to recognize. Your loved one may withdraw from friends and family, lose interest in activities that once brought joy, experience trouble sleeping or sudden changes in mood, or feel hopeless or a burden to others.

Ask directly
If your loved one may be struggling with invisible wounds, ask them directly. Begin the conversation with a question, “I’ve noticed you haven’t seemed like yourself lately. How are you doing?”

Make the connection
Listen without judgment. You don't need to know what to say, just being present and helping your loved one take the next step can make a difference. Help your loved one reach out to a health care provider or crisis counselor.

To contact the Veterans Crisis Line for 24/7 support, dial 988 then Press 1 or text 838255.

Help Is Available Before a Crisis
Research shows veterans and service members struggle with the disruptive symptoms of invisible wounds on their own for an average of 11 years before reaching out for help.
You don’t have to wait until life feels unmanageable or that you have “hit rock bottom” to ask for support.

The Emory Healthcare Veterans Program provides no-cost, confidential, and evidence-based mental health treatment for post-9/11 veterans and service members struggling with invisible wounds such as PTSD, mild traumatic brain injury, military sexual trauma, anxiety, or depression.

Whether you have been struggling for years or have recently realized that something needs to change, our team is ready to help.

Learn More



Alicia’s Journey Back to Hope and Purpose

“If you told me a year ago where I’d be today, I wouldn’t have believed you.”

After years of living with PTSD and struggling to do everyday things like leaving the house or even going to the grocery store, Alicia started to feel a real change within just the first week of treatment at the Emory Healthcare Veterans Program.

“They gave me back more than my life—they gave me back my why.”

Watch Alicia’s full story and see how the Emory Healthcare Veterans Program helped her find a new path forward.

Watch Now

By The Numbers

Accelerated Brain Health Treatment Program as of August 2026

- 4,096 veterans and service members served since 2015
- 1,880 participants completed our accelerated treatment program
- 97,665 hours of evidence-based therapy have been provided at no cost since 2015



Transforming Your Life Through Effective Care

If you’re struggling with PTSD, depression, anxiety, or other mental health concerns, the Emory Healthcare Veterans

Program is here to help. We provide confidential, individualized, evidence-based care at no cost.

If you served at least one day after 9/11, you may be eligible—regardless of discharge status, VA eligibility, deployment history, or length of service. No diagnosis or referral is required.

Our program includes one-on-one therapy, practical skills for reconnecting with everyday life, enhanced case management, and opportunities to build connection with other veterans throughout treatment.

Our goal is to help you heal, reconnect, and move forward.

Treatment works, call today.

Transform Your Life



Help Us Heal Invisible Wounds

Thanks to our donors' generous gifts, we have made incredible progress in serving the needs of our veterans and service members. Please help us continue to provide innovative, effective care by donating to our program.

Your gift will help transform, and save, the lives of our nation's heroes.

Click Here to Give