EMORY HEALTHCARE
Veterans Program

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PTSD Awareness Month: Treatment Transforms Lives

June is Post-Traumatic Stress Disorder (PTSD) Awareness Month, an important reminder that no one has to face invisible wounds on their own.

At Emory Healthcare Veterans Program, we proudly stand alongside post-9/11 veterans and service members, offering compassionate, evidence-based care to help them transform their lives. PTSD is not a life sentence, and the right care can make all the difference.

This month, we invite you to join us in raising awareness, breaking stigma, and ensuring every veteran knows that healing is possible, no matter their prior journey or symptoms. Share this video with a veteran or service member you love today and help us connect them to the care and support they deserve.

Watch Now



A Journey to Joy: Kate and Sam's Story of Healing

Meet Kate and Sam, a couple who met at West Point and went on to serve together as Army captains. After transitioning to civilian life, they faced something many veterans know all too well: the weight of traumatic memories that made it difficult to stay present with each other and their children.

They made the decision to reach out for help and found the Emory Healthcare Veterans Program.

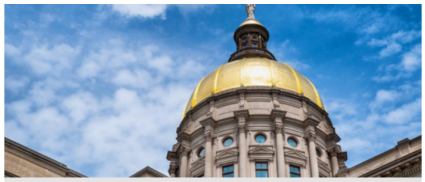
For Sam, the program's structure made all the difference. "While setting aside two weeks for intensive therapy can be difficult, I honestly don't think I would have stuck with traditional therapy," he says. "If it had been just one session every two weeks, I probably would have attended a couple and then quit without getting anything out of it. But with the intensive model, there was only one option—commit."

When Sam described the treatment as life-changing, Kate knew she couldn't pass up the opportunity.

"Honestly, I wasn't looking forward to it, but I knew it was my best chance to become a better parent, a better wife and a better version of myself," she says. "It made me feel more hopeful that it was a two-week intensive program. I told myself, 'If I just commit fully for two weeks, I can come out of this with real, meaningful change.'"

Watch their video to hear more about their experience with the Emory Healthcare Veterans Program.

Watch Now



Investing in Healing: Georgia Funds Breakthroughs

We're proud to announce that the Emory Healthcare Veterans Program has received funds from the State of Georgia to expand services and increase our impact for Georgia veterans affected by invisible wounds such as post-traumatic stress disorder.

This vital funding will help advance research into breakthrough therapies such as psychedelic-assisted therapy, allowing us to continue delivering effective, compassionate care to those who have served.



From The First Call to Life-Changing Outcomes

Lindy Carbone, our team's lead clinical social work case manager, recently had the opportunity to speak with our partners at the Veterans Wellness Alliance, a George W. Bush Institute initiative. She highlighted the instrumental role our clinical social work case managers play in coordinating the care journeys for participants in our accelerated treatment program.

"Witnessing a veteran's journey from darkness to light after just two weeks of treatment is profoundly moving. I have been in the field of social work for over 25 years; serving the military community as a licensed clinical social worker has truly been the pinnacle of my career," shared Lindy in the Q&A.

Read the article to learn more about the incredible work our clinical social work case management team has accomplished in supporting our veterans and service members. You'll even hear directly from one of our program graduates, who shares how the program profoundly impacted his life and family.

Thank you, Veteran Wellness Alliance, for the spotlight!

Read Now



Managing PTSD After Trauma Exposure with Evidence-Based Therapies

To mark PTSD Awareness Month, Dr. Sheila Rauch, Emory Healthcare Veterans Program Deputy Director, offers insight into how trauma can affect people and how evidence-based treatment can support recovery.

In this video, Dr. Rauch shares important reminders about PTSD and evidence-based care:

1. PTSD can develop after trauma exposure and may affect daily life, relationships and overall well-being.
2. Avoiding reminders of trauma may feel protective in the moment, but it can keep symptoms going over time.
3. Evidence-based therapies help people safely process traumatic experiences and reduce the power those memories hold.
4. Treatment works. With proven care and support, people living with PTSD can move toward recovery, reconnect with their lives and find hope again.

Please note that to view the video, you will need to log in to Vumedi or create a free account if you are not already registered.

Watch Now

By The Numbers

Accelerated Brain Health Treatment Program as of June 2026

- 4,046 veterans and service members served since 2015
- 1,853 participants completed our accelerated treatment program
- 96,980 hours of evidence-based therapy have been provided at no cost since 2015



Transform Your Life with Evidence-Based Care

We treat invisible wounds, such as PTSD, traumatic brain injury (TBI), military sexual trauma (MST), anxiety, and depression with evidence-based treatment that works.

Treatment is no-cost and confidential for eligible post-9/11 veterans and service members living anywhere in the United States, regardless of discharge status, deployment history, or length of service. Our accelerated two-week treatment program is offered in-person at our clinic in Atlanta or via telehealth in eligible states.

When you're ready to transform your life, we're here to help. Call 888-823-4014 to speak with a veteran care coordinator today or fill out the confidential form and we will contact you within 24-48 hours.

Transform Your Life



Help Us Heal Invisible Wounds

Thanks to our donors' generous gifts, we have made incredible progress in serving the needs of our veterans and service members. Please help us continue to provide innovative, effective care by donating to our program.

Your gift will help transform, and save, the lives of our nation's heroes.

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