ASSISTED LIVING FACILITIES

What service(s) will be provided by this level of care?

- Private or shared apartment
- 3 meals and snacks including physician ordered texture modified diets, fortified foods and thickened liquids
- Laundry and Housekeeping
- Transportation
- Planned activities
- Staffing ratios at a minimum follow state regulations but should be acuity based
- Most are staffed 24/7 with licensed individuals including Registered Nurses, Licensed Professional Nurses, Certified Nursing Assistants, and Certified Medication Administrators
- Coordination of care with providers that deliver in house services including Home Health, Hospice, visiting Physicians, Optometrist, Dentist, Nutritionist, Audiologist, Physical Therapy, Occupational Therapy, Speech Therapy, Mental Health Services and portable radiology and lab work
- Personalized care plan to meet individual medical needs

How is this level of care different from being in the hospital?

- Assisted Living Communities provide assistance with Activities of Daily Living (ADL's) such as dressing, grooming, showering, administering medications, providing meals, transportation and monitoring activities to ensure health, safety and well-being in a home like environment
- Many assisted living communities also include a separate secured unit/neighborhood for those with Alzheimer's/Dementia
- Less risk of infection

How does the referral process work? Does this level of care require a physician order?

- Patient and or loved one can call or visit Assisted Living Community for information
- Nurse would come to patient and complete assessment to determine level of care needed at the community
- Hospital would then complete the physician's orders for Assisted Living prior to admission
- Patient can move in once assessment and orders are complete

How long will I need to stay at this level of care?

- Assisted Living facilities have short and long term options
- Some people may stay 2 to 4 weeks to recover after hospital stay or however long it takes for you to go home safely
- If you desire to stay and move in permanently you may do so and it's a 30 day month to month contract

Will my insurance pay for this level of care? What happens when insurance no longer covers this level of care?

- Private pay (out of pocket)
- Long Term Care Insurance
- VA benefits may cover a portion of cost
- Respite/short term stays are available to those that need up to a 30 day stay

What should I expect from this level of care? Who will take care of me? How often will I be seen by a physician or healthcare professional? What happens if I have medical issues?

- Assisted Living Communities provide assistance with Activities of Daily Living (ADL's) such as dressing, grooming, showering, administering medications, providing meals, transportation and monitoring activities to ensure health, safety and well-being in a home like environment
- Most are staffed 24/7 with licensed individuals including Registered Nurses, Licensed Professional Nurses, Certified Nursing Assistants, and Certified Medication Administrators that will be providing care
- You can be seen by in house physician regularly or transportation can be provided to physician appointment's upon request

What is expected of me at this level of care?

- Complete all necessary move in paperwork, family/resident participation in care plan meetings, work to recover independence, and remain self -sufficient as long as possible with the assurance of assistance when needed

What must I be able to do on my own or with family support to safely discharge from this level of care?

- Resident can go home at any time with home health, home care, hospice, or not need any care once independence is regained
- Resident do have the option of remaining in assisted living if preferred