

Our Services

Emory's registered dietitians are qualified health care professionals who provide medical nutrition therapy and preventative nutrition counseling.

Our registered dietitians can provide you the practical tools and knowledge you need to:

- help you lose weight.
- help you manage diabetes, high blood pressure or other chronic diseases.
- prepare you before and support you after weight loss surgery (example: gastric bypass, gastric sleeve, etc.).
- help you with digestive problems.
- eat healthy if you are pregnant, are a new mom or are trying to get pregnant.
- help you gain weight.

The expertise, training and credentials that our registered dietitians maintain are essential in helping you implement positive lifestyle choices.

Contact Us

To schedule an appointment with an outpatient dietitian, call the scheduling department and inform the scheduler if you would prefer a telehealth appointment or an in-person appointment.

Scheduling Department: 404-686-0520

A physician referral is required prior to scheduling an appointment.

Please fax your referral to 855-764-2295.

EMORY
JOHNS CREEK
HOSPITAL

6325 Hospital Parkway
Johns Creek, GA 30097
emoryhealthcare.org/johnscreek
Outpatient Dietitian Office: 678-474-7820

EMORY
JOHNS CREEK
HOSPITAL

Outpatient Nutrition Services



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Coverage Options

Nutrition services are covered by a variety of insurance plans.

Medicare and Medicare Part B offer the following insurance coverage to individuals with diabetes or renal disease:

- three hours of individual nutrition counseling the first year of care.
- two hours each additional year.

Please check your insurance plan for coverage details.

Your plan may include nutrition counseling for a wide variety of conditions such as heart disease or obesity.

Services are also available at a discounted rate for those who self pay.



Your Visit

Together, with a registered dietitian, you will set nutrition goals to improve your health.

Medical Nutrition Therapy provided by a registered dietitian includes:

- A review of your eating habits and lifestyle.
- Assessment of your nutritional status.
- A personalized nutrition treatment plan.

After your initial session, follow-up appointments can be scheduled to check on your progress and assess whether or not changes are needed in your nutrition goals and treatment plan.



Before Your Visit

To better serve you, it is best to be prepared prior to your appointment. Here is a helpful checklist to follow:

- ☑ Request a referral from your physician.
- ☑ Have your referral faxed to the scheduling department: 855-764-2295
- ☑ Schedule your appointment for nutrition services: 404-686-0520
- ☑ Bring a **full list of current medications** and over-the-counter supplements.
- ☑ Arrive 15 minutes prior to your appointment time to account for parking and checking in or use MyChart check in for telehealth appointments.
- ☑ Bring a **one-day food diary** including all meals, snacks and beverages. You may include meal timing and portion sizes.