EMORY
VEIN CENTER

How to Measure for Compression Hose

Many insurance companies require compression hose as a part of conservative treatment prior to approving any further treatment.

It is important for compression hose to fit properly so please use the measuring instructions provided below to ensure you get the correct size. You can use a tape measure or print out the paper ruler provided.

New virtual patients, patients currently in treatment and returning patients can order compression hose through Emory Vein Center by calling 404-778-8346 (VEIN) or by securely emessaging these measurements through the Emory Patient Portal.

If you are a new patient and have not set up your Patient Portal account, please call 404-727-8820 to request an invitation to the portal and then visit this web page and follow the instructions: https://www.emoryhealthcare.org/patient-portal/index.html

Knee High:

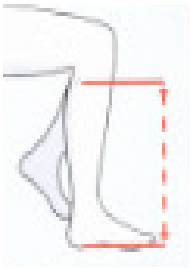
If possible, have someone assist you with measuring while you are sitting down. For accuracy, do not wear shoes and place your foot flat on the floor.

For ankle circumference, measure just above the ankle bone.

For calf circumference, measure at the fullest part of the calf.

Measure the calf length from the floor to the fibular head.

Provide the ankle, calf, and calf length to the Vein Center team.



Thigh High:

For this measurement, you will need to be standing, wearing no shoes, and have someone assist you with your measurement.

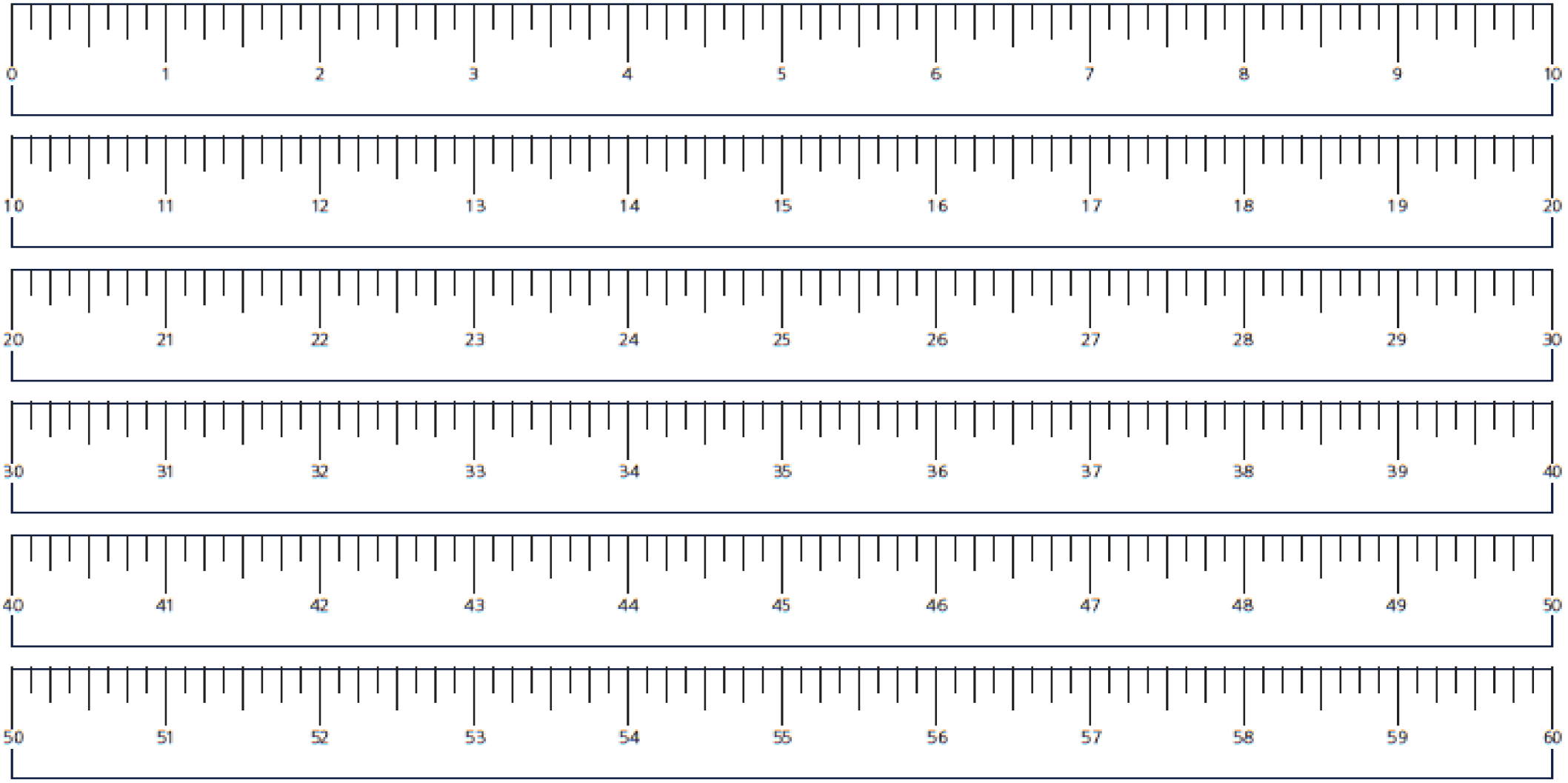
Follow the same directions for ankle and calf circumference.

For thigh circumference, measure at the fullest part of the thigh.

For leg length, measure from the floor up to the gluteal fold.

Provide the ankle, calf, calf length and leg length to the Call Center team.





PRINT YOUR OWN 60-INCH MEASURING TAPE!

- You will need to print this at its current size for proper measurements, so make sure your printer is **not** set to "scale to fit paper" or "shrink oversize pages to paper size".
- You may print in either color or black and white.
- After printing, cut out each measuring tape and place them end-to-end on a flat surface, face down.
- Attach each tape measure to the next using clear tape or masking tape on the back.
- Congratulations! You now have a 60" measuring tape to use!

To confirm your printed page is the correct size, this black box is the same length as a $1 bill.