FOOD INSECURITY
is a lack of access to a sufficient quantity of affordable, nutritious food.

1 IN 9 AMERICANS
are food insecure, equating to over 37 million Americans, including more than 11 million children.

HEALTH ISSUES
such as stress, health complications and chronic disease can be caused by food insecurity.

RESOURCES
Community food banks and federal assistance programs are available for those in need.

- Find a food bank in your area: feedingamerica.org/find-your-local-foodbank
- Find out if you are eligible for an assistance program: fns.usda.gov

Source: Feeding America, feedingamerica.org