

## BREAST REDUCTION REQUIREMENTS

Thank you for choosing Emory Healthcare. Please fax this cover sheet and ALL of the information below to [plasticsurgfaxmot@emoryhealthcare.org](mailto:plasticsurgfaxmot@emoryhealthcare.org) or 404-686-4560 three days prior to your appointment to avoid cancellation.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Scheduled Provider:

- Albert Losken, MD       Angela Cheng, MD       Heather Faulkner, MD       Peter Thompson, MD  
 Aboude Al-Nowaylati, MD       Gabriela Garcia-Nores, MD       Daniele Cuzzone, MD       No Preference

(1) Mammography report (if patient is older than 40 years old)

(2) Initial office visit history and physical. Physician note must include the following as applicable:

Assessment:

- Neck/upper thoracic back pain
- Pigmentation of shoulders
- Rashes in summer months
- Grooving at shoulders
- Weight/height
- Size of breast (cup size)
- How it impacts their daily lifestyle (i.e. can't run or exercise, clothes don't fit, etc.)

Plan of care:

- Method of conservative treatment recommended: Support bra, PT, OTC analgesics, etc.

(3) Follow up office visit (60-180 days later depending on insurance plan) history and physical. Physician note must include the following as applicable:

Assessment:

- Neck/upper thoracic back pain
- Pigmentation of shoulders
- Rashes in summer months
- Grooving at shoulders
- Weight/height
- Size of breast (cup size)
- How it impacts their daily lifestyle (i.e. can't run or exercise, clothes don't fit, etc)

Plan of care:

- Method of conservative treatment tried and failed: Support bra, PT, OTC analgesics, etc.
- Referral for Breast Reduction Surgery

**NOTE:** The following information must be in the form of office visit notes dictated by your referring provider. Letters NOT accepted as proof of medical necessity.