

Calcium Score CT

- Recommended for patients 40 years of age and older. EXCEPTION: patients mid to late 30's with cardiac risk factors.
- Risk factors:
 - a. High blood pressure
 - b. High cholesterol
 - c. Diabetes
 - d. Kidney Disease
 - e. Obesity
 - f. Smoking
 - g. Family history (parent, sibling) of heart disease
- Screening questions: if the answer is "yes" to any question below advise the patient they are not a candidate for the test.
 - a. Have you had bypass surgery?
 - b. Do you have stents in your coronary arteries?
 - c. Have you had balloon angioplasty
 - d. Have you had Calcium Score CT within the last 5 years?
 - e. For female patients: Is there any chance of pregnancy?
- Fee: \$150
 - a. Includes lipid panel and glucose level
 - b. Patients MUST be fasting 9-12 hours prior to blood draw.
- Patients with Diabetes should be scheduled in the mornings to avoid lengthy fast.
- Medications should be taken as prescribed unless it is necessary to eat.

Coronary CTA / Cardiac Structure Exams

- Nothing to eat or drink 3 hours prior to exam.
- Medication should be taken as prescribed with sips of water. EXCEPTION: Viagra can not be taken for 24 hours prior to study.
- Avoid caffeine and strenuous exercise 12 hours prior to exam.

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