

**PATIENT INFORMATION SHEET**

**BACKGROUND**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  Right-Handed  Left-Handed

- Occupation: \_\_\_\_\_
- Hobbies/Sports/Exercise Activities: \_\_\_\_\_
- Referring physician, school, or organization: \_\_\_\_\_
- Primary Care Physician/Address: \_\_\_\_\_
- Pharmacy name and address/phone number: \_\_\_\_\_  
\_\_\_\_\_
- What style of learning do you prefer? (check all that apply)  See it  Hear it  Do it
- Do you have any barriers to learning?  Yes  No
  - If yes, please describe: \_\_\_\_\_

**REASON FOR VISIT** (Please provide a brief history of what is bothering you, what body part is injured, and how it happened): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- How long have you had this problem? \_\_\_\_\_
  - Was there an injury?  Yes  No *If yes, please provide the date of injury:* \_\_\_\_\_
- On a scale of 0-10 (10 being the worst pain you can imagine), how bad is your pain: \_\_\_\_/10
- Have you seen another doctor for this problem?  Yes  No
  - If yes, when and what was the treatment? \_\_\_\_\_
- Have you had Surgery on this body part before?  Yes  No
  - If yes, when and please describe \_\_\_\_\_
- Other Treatments you've tried (circle):  Ice  Heat  Brace  Exercises  Chiropractor  
 Medications (please list: \_\_\_\_\_)  
 Other \_\_\_\_\_

**OVER PLEASE**

**PAST MEDICAL HISTORY**

(Please choose all current and past medical conditions)

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> No medical problems   | <input type="checkbox"/> Emphysema       | <input type="checkbox"/> Kidney failure       | <input type="checkbox"/> Blood clots in legs/lungs |
| <input type="checkbox"/> High blood pressure   | <input type="checkbox"/> Hepatitis       | <input type="checkbox"/> Endometriosis        | <input type="checkbox"/> HIV                       |
| <input type="checkbox"/> Heart attack          | <input type="checkbox"/> Liver disease   | <input type="checkbox"/> Ovarian cysts        | <input type="checkbox"/> Alcoholism                |
| <input type="checkbox"/> Heart failure         | <input type="checkbox"/> Thyroid disease | <input type="checkbox"/> Kidney stones        | <input type="checkbox"/> Anxiety                   |
| <input type="checkbox"/> Abnormal heart rhythm | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Osteoporosis         | <input type="checkbox"/> Depression                |
| <input type="checkbox"/> Lung disease          | <input type="checkbox"/> Irritable bowel | <input type="checkbox"/> Osteoarthritis       | <input type="checkbox"/> Schizophrenia             |
| <input type="checkbox"/> Tuberculosis          | <input type="checkbox"/> Stomach ulcers  | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Anorexia/bulimia          |
| <input type="checkbox"/> Asthma                | <input type="checkbox"/> Stroke          | <input type="checkbox"/> Bleeding disorders   | <input type="checkbox"/> Cancer                    |
| <input type="checkbox"/> Bronchitis            | <input type="checkbox"/> Seizures        | <input type="checkbox"/> Anemia               | Type_____  |
| <input type="checkbox"/> Other: _____          |  |   |  |

Are you under a doctor's care for any other medical condition? Yes No

If **yes**, please explain: \_\_\_\_\_

**ALLERGIES:** \_\_\_\_\_

**MEDICATIONS:** \_\_\_\_\_

**PAST SURGERIES**

(Please list *any* surgery and *month/year* of surgery)

\_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY**

(Please indicate conditions that run in your *close family (mom/dad/sibling/grandparents)*. If yes, please indicate relationship)

<u>Condition</u>	<u>Family Member Relationship</u>
<input type="checkbox"/> Arthritis	_____
<input type="checkbox"/> Heart disease	_____
<input type="checkbox"/> High blood pressure	_____
<input type="checkbox"/> Diabetes	_____
<input type="checkbox"/> Bleeding disorder	_____
<input type="checkbox"/> Cancer	_____
What type?	_____
<input type="checkbox"/> Gout	_____
<input type="checkbox"/> Mental illness	_____
<input type="checkbox"/> Alcoholism	_____
<input type="checkbox"/> Kidney disease	_____
<input type="checkbox"/> Other: _____	

**SOCIAL HISTORY**

- Do you smoke?  Yes  No  Former – Year Quit \_\_\_\_\_
  - If yes, how many packs per day? \_\_\_\_\_
- Do you drink alcohol?  Yes  No
  - If yes, how many drinks per week? \_\_\_\_\_
  - If yes, what type of alcohol? (please circle) Beer    Liquor    Wine
- Use other drugs?  Yes  No
- Marital status:  Married     Single     Divorced     Widowed
- Children:  Yes  No    How many? \_\_\_\_\_

**REVIEW OF SYSTEMS (Have you experienced any of the following *recently*)**

General

- Fever
- Chills
- Night sweats
- Fatigue/Tiredness
- Unplanned weight loss/gain
- Appetite change

Respiratory

- Shortness of Breath
- Difficulty starting urination
- Cough
- Wheezing

Genitourinary

- Painful Urination
- Blood in Urine
- Discharge
- Testicular pain

Endocrine

- Urinary Frequency
- Increased Thirst
- Increased Hunger

Skin

- Rash
- Itching
- Dryness
- Abrasions
- Burns

Eye

- Visual Changes
- Pain
- Discharge
- Blurred vision
- Double vision
- Blindness

Cardiovascular

- Palpitations /Fluttering in chest
- Chest pain
- Rapid Heart beat

Musculoskeletal

- Muscle Pain
- Joint Pain
- Back Pain
- Pain with Walking

Immunological

- Seasonal Allergies
- Food Allergies
- Recurrent Infections
- Impaired Immunity

Psychiatric

- Anxiety
- Depression
- Sleeping Problems
- Substance Abuse

Ears, Nose, Mouth, Throat

- Ear pain
- Pain
- Discharge

Gastrointestinal

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Pain

Neurological

- Headache
- Dizziness
- Numbness
- Tingling
- Weakness
- Migraines

Hematological

- Easily Bruising
- Bleeding Tendency