

Emory Radiology

Diagnostic Patient Preparation Instructions



- These are preparation instructions for adult patients (16+).
- For pediatric patients under the age of 16, please call Children's Healthcare of Atlanta at 404-785-6078 or after hours at 404-785-6117.
- For maps and directions to Emory Radiology sites, please call 404-778-7777 or visit us online at www.emoryhealthcare.org/radiology.

Pre-Registration:

Patients may need to pre-register for radiology exams or procedures. Please call the appropriate Fast-Track Admissions number below prior to your appointment date:

Emory University Hospital (EUH): 404-686-5270 or 1-800-640-9293

Hours of Operation: Monday – Friday, 8 a.m. to 7 p.m. Closed weekends and holidays.

Emory University Hospital Midtown (EUHM): 404-251-3800

Hours of Operation: Monday – Friday, 9 a.m. to 8:30 p.m. Closed weekends and holidays.

Radiology Exams/Procedures:

- Please arrive 30 minutes in advance of your scheduled appointment to complete any paperwork and prepare you for your exam.
- For most radiology procedures, you will be asked to change into a hospital gown.
- If you need to take medications, please take them with a small amount of water unless you have been instructed to withhold your medications. If you are uncertain, please call the appropriate number listed below.
- If you are PREGNANT or there is a possibility that you are pregnant, please notify your physician.
- Information for common procedures:
 - For general patient preparation information, please call 404-778-XRAY (9729).
 - For biopsies and special procedures information, please call 404-712-0566.

Upper Gastrointestinal/Small Bowel Series:

- Do not eat or drink eight hours before your exam.
- Please bring any medications with you to the exam that you normally take in the morning so that you can take them following your procedure.
- Please inform the Radiology staff if you are allergic to iodine as some oral contrast agents contain iodine. If you know you are allergic to iodine, your physician will provide you with a prescription for a corticosteroid medication to take prior to your exam.
- Allow one and a half hours for an upper gastrointestinal series visit and up to three and a half hours for a small bowel series visit.

Barium Enema (With or Without Air Contrast):

- Do not eat or drink eight hours before your exam.
- Use the bowel preparation kit you were provided by your physician beginning two days prior to your exam. Follow the instructions included with the kit.
- Please inform the Radiology staff if you are allergic to iodine as some rectal contrast agents contain iodine. If you know you are allergic to iodine, your physician will provide you with a prescription for a corticosteroid medication to take prior to your exam.
- Please allow up to two hours for this visit.

Intravenous Pyelogram (IVP):

- Do not eat or drink eight hours before your exam.
- Use the bowel preparation kit (Fleet-3) you were provided beginning the day prior to your exam.
- Your physician will want you to have a creatinine blood test (which measures kidney function) performed within 30 days prior to your appointment.
- Please inform the Radiology staff if you are allergic to iodine as the IV contrast material used for this procedure contains iodine. If you know you are allergic to iodine, your physician will provide you with a prescription for a corticosteroid medication to take prior to your exam.
- Please allow one and a half hours for this visit.

Lumbar Puncture

- Do not eat or drink eight hours before your exam.
- Please bring your medications with you to your exam.
- Notify your radiological technologist of any allergies you may have.
- You will need a driver to take you home after the exam.
- Please allow four hours for this visit.

Myelogram:

- Please arrive 30 minutes before your exam.
- Do not eat or drink anything after midnight the night before your exam. You may take scheduled medications with sips of water. DO NOT take any medication you have been instructed not to take prior to having this exam.
- If you are diabetic or have renal (kidney) disease, your physician will want you to have a creatinine blood test (which measures kidney function) performed within 30 days prior to your appointment.
- Please allow up to six hours for this visit. Please make plans for transportation home.

For questions about diagnostic imaging exams, please call 404-712-0566.

For additional patient preparation information, please visit:

www.emoryhealthcare.org/radiology

www.radiologyinfo.org

Thank you for choosing Emory Radiology.