

# Emory Positron-Emission Tomography/ Computed Tomography (PET/CT) Patient Preparation Instructions



## Pre-Registration:

Patients need to pre-register for imaging exams and procedures. Please call the appropriate Fast-Track Admissions number below prior to your appointment date:

**Emory University Hospital (EUH): 404-686-5270 or 1-800-640-9293**

Hours of Operation: Monday – Friday, 8:30 a.m. to 7 p.m. Closed weekends and holidays.

**Emory University Hospital Midtown (EUHM): 404-351-3800**

Hours of Operation: Monday – Friday, 9 a.m. to 8:30 p.m. Closed weekends and holidays.

- If you are PREGNANT or there is a possibility of you being pregnant you should not have these exams.
- Children are NOT allowed in the Nuclear Medicine department.
- These are preparation instructions for adult patients (16+).
- For pediatric patients under the age of 16, please call Children's Healthcare of Atlanta at 404-785-6078, or after hours at 404-785-6117.

## Whole-Body & Brain PET/CT:

- You should drink only water for at least 6 hours prior to your study and you should not have anything to eat during this time.
- Refrain from any strenuous activity for 24 hours prior to this procedure.
- Medications that do not contain sugar may be taken with water. You should NOT take hypoglycemic medications or insulin for at least six hours prior to your test. Ask your pharmacist or prescribing physician if you are unsure if your medication contains sugar. Insulin pumps must be turned off 6 hours prior to your appointment.
- Do not take cough drops or cough suppressants or chew gum on the day of the exam. Ask your pharmacist or prescribing physician if you are unsure if your medication contains sugar.
- Please dress warmly, even on a warm day.
- We will call you one to two days before your procedure to provide specific instructions.
- Please allow 3 hours for this visit.
- To reschedule or confirm an appointment time please call 404-778-4765. For questions about your procedure, please call 404-712-4453.

Please talk with your doctor before stopping any medications.

**For questions about PET/CT exams, please call 404-712-4453.**

For additional patient preparation information, please visit:  
[www.emoryhealthcare.org/radiology](http://www.emoryhealthcare.org/radiology)  
[www.radiologyinfo.org](http://www.radiologyinfo.org)

Thank you for choosing Emory Radiology.