March is Traumatic Brain Injury Awareness Month

An estimated 85% of veterans have experienced a traumatic brain injury (TBI) during their time in service. There are many misconceptions about TBI, its effects and how these can be treated. By exploring a few myths about TBI, the Emory Healthcare Veterans Program team emphasizes that it is possible to heal invisible wounds through evidence-based treatment.

By the Numbers: Traumatic Brain Injury

19,565 service members were diagnosed with a TBI in 2019.

80% of TBI cases occur in non-deployed settings such as training activities.

60 warriors with TBI have been treated through the EHVP Intensive Outpatient Program.
Free, Confidential Care Where You Are

"Our telehealth program will improve your quality of life while maintaining your health and safety. It is crucial, now more than ever, to care for your mental health, and telehealth is an excellent option during these challenging times," said EHVP Executive Director, Dr. Barbara Rothbaum, in our new video about the intensive outpatient program via telehealth.

Relationship Checkup

All too often, couples view counseling and therapy sessions as a last resort rather than a service to keep their relationship on the right track. To remedy this assumption, EHVP is excited to offer The Relationship Checkup, an annual assessment of relationship strengths and pain points. The brief session is completed annually to "checkup" on the relationship. It provides personalized feedback for next steps and healthy practices moving forward.

Fill the Fridge Food Drive

The EHVP team hosted a "Fill the Fridge" food drive to benefit Free99Fridge, a network of community fridges for Atlantans. Due to the community's generous contributions, EHVP received more than enough donations to stock both fridges at the Best End Brewing Company.
VOC Serves at Inauguration Day

Josh Moss, a Veteran Outreach Coordinator (VOC) and Army National Guard member, was among the many service members assigned to provide security assistance at the National Capitol following the January 6th incident. On Inauguration Day, Josh's unit was stationed along the route that President Biden and Vice President Harris took when they departed the capitol after the ceremony on the way to the White House. Josh had the opportunity to salute the President and Vice President as their motorcade passed by. "It was an honor and privilege to be a part of history and to actually witness a Presidential Inauguration," said Josh.

Mission Ready Podcast

"Mental health is key to our overall health," said our Executive Advisor, Lieutenant General (ret.) William "Burke" Garrett III, during an episode of Council for a Strong America's "Mission: Readiness" podcast. He discussed leadership, the importance of adaptation and staying active during the COVID-19 pandemic, his work with EHVP, and his passion for promoting mental health and wellbeing.

Weekly Check-up Episode

Dr. Sheila Rauch, EHVP Deputy Director, and Lieutenant General (ret.) William "Burke" Garrett, EHVP Executive Advisor, were guest
Increasing Access to PTSD Care

Dr. Sheila Rauch was highlighted in the Veterans Affairs publication "VA Research Currents."

Dr. Rauch is a VA leader in PTSD treatment and the director of mental health research and program evaluation at the Atlanta VA Health Care System. For more than two decades, she's been training providers in VA, the Department of Defense, and the civilian sector in models for treating patients with PTSD. One of those models is called prolonged exposure for primary care.

"Getting patients with PTSD to treatment quickly can increase their chance of engaging in and completing a successful episode of care," said Dr. Rauch.

Help EHVP Heal Invisible Wounds

Because of our donors' generous gifts, we have made incredible progress in serving veterans and service members over the past five years. Please consider helping us make the next five years as remarkable as the last by...